

# Lived Experience of Mothers of Children with Specific Learning Disorder: A Phenomenological Study

□ **Ramin Habibi Kaleybar** \*, Ph.D. in Educational Psychology, Associate Professor, Department of Education, Faculty of Education and Psychology, Azarbaijan Shahid Madani University, Tabriz, Iran

□ **Habib Amani**, Ph.D. Student in Educational Psychology, Department of Education, Faculty of Education and Psychology, Azarbaijan Shahid Madani University, Tabriz, Iran

## Abstract

Birth of a child for the mother is always accompanied by with stress and anxiety, and if there are problems with the child, mothers will experience the emotions and anxieties. The purpose of this study was to describe and interpret the experience of mothers of children with specific learning disorder. The research was conducted in a qualitative method using phenomenological type, with purposeful sampling of six mothers from mothers of children with specific learning disorder referred to learning difficulties centers. After analyzing the data, four main themes, disorder, anxiety, and positive emotions were obtained from written interviews. The findings of this study showed that the life experience of mothers with a child with specific learning disorder can be both negative and positive. This knowledge can help mothers help teachers and therapists in the field of specific learning disorder to help their children.

**Keywords:** Life experience, Phenomenology, Specific Learning Disorder

\* Associate Professor, Ph.D. in Educational Psychology, Department of Education, Faculty of Education and Psychology, Azarbaijan Shahid Madani University, Tabriz, Iran